

TESTIMONIALS

The academy was a lot of work, but a lot of fun. – James, 9.

I couldn't believe the change in my daughter's ability and technique after the first few weeks. – Lynn, mother of Sarah, 12.

Wow Carlo is such a great coach he truly captured all of the kids attention, his drills and teaching techniques made my children better soccer players. – Randy, father of Christopher & Samantha, 14 & 10.

Both of our sons have thoroughly enjoyed the Academy. The skills that they have been taught will carry them through to the outdoor field. – Anna, mother of Robert and Timothy



DEVELOPMENT ACADEMY HIGHLIGHTS

- Qualified coaches
- 30 Quality sessions
- Learn possession soccer - "The Winning Formula"
- Development under the KU 4 Corner approach
- Low player to qualified coach ratio
- Classroom sessions
- Match play

PROGRAM DIRECTOR

Carlo Cannovan, Technical Director for Kingston United Soccer Club will oversee all aspects of the Academy.

Carlo's dynamic approach and teaching methods are respected throughout Ontario as he has developed many players who have gone on to play at the professional level. Carlo's background includes:

- Team Ontario Head Coach
- Queen's University Head Coach
- SOSA Academy head coach
- Team Canada , Nations Cup Coach

CONTACT US:

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Kingston United Soccer Club

Taking players to the next level!

The Winning Formula for Players Born 2004—2009

Development Soccer Academy



REGISTER ON-LINE

DEVELOPMENT ACADEMY

SIXTEEN QUALITY WEEKS

SCHEDULE

- Semester 1 (8 weeks)
October 18—December 4 2017
- Semester 2 (8 weeks)
January 8—February 26, 2018

On-line portals
open September 1, 2017

www.kusc.ca

Players will be scheduled a one-hour session mid-week between 6 pm—9pm @ Kingston 1000 Islands Sportsplex Dome, as well as a one hour session on Saturdays between 10 am—4pm @Frontenac Secondary School.

DEVELOPMENT ACADEMY SUMMARY

Each player will train under the KU “4 Corner “ Approach to player development. Technical, tactical, psychosocial and physical. This challenging and exciting program uses coaching methods and exercises that have been successful in Europe and South America and now Kingston United.

TECHNICAL DEVELOPMENT

- Receive the ball
- Passing the ball
- Dribbling/running with the ball
- Shooting
- 1 v 1 Attacking

TACTICAL DEVELOPMENT

- Attacking
- Defending
- Possession
- Combination play
- Pressing

PSYCHOSOCIAL DEVELOPMENT

- Motivation
- Cooperation
- Commitment
- Competitiveness
- Confidence

PHYSICAL DEVELOPMENT

- Reaction speed
- Agility
- Balance
- coordination
- Perception and awareness

